

Whether it be a leisurely stroll or a steady sprint, you're sure to find a race to match your pace or purpose. Austin hosts a variety of races throughout the year, several of which are for charity organizations.

Information about races can be found at www.runtex.com

Running Clubs

RunTex Free Groups / Austin
www.runtex.com/web/4-13.asp

Tri Zones Training / Austin
www.trizones.com

Rogue Programs / Austin
www.roguerunning.com

Gilbert's Gazelles / Austin
www.gilbertsgazelles.com

Strength Endurance Training 4 Runners / Austin
www.socoathleticclub.com

RunSmart Running Group / Austin
www.smartsport.info

Jeff Galloway / Austin
www.jeffgalloway.com/training_groups/austin.html

South Austin Steel Youth Track Club / Austin
www.southaustinsteel.com

The Waterloo Track and Field Club / Austin
www.waterlootrackandfield.org

Round Rock Stars Track Club / Round Rock
<http://eteamz.active.com/RoundRockStarsTC/>
Youth track and field program

San Marcos Runners Club / San Marcos
www.sanmarcosrunners.org

Texas Thunder / Cedar Park
www.neighborhoodsports.us/Sports/TrackandField/tabid/139/Default.aspx
For youth born between 1991 and 2001

CP Classic Running Club / Cedar Park
www.cpclassic.com
Competitive Youth Track and Cross Country

Georgetown Running Club / Georgetown
<http://georgetownrunners.org>

The Lake Travis Titans Track club / Lake Travis
www.laketraavis.com/track.htm
All boys and girls ages 5 to 18 and adults

Austin's Triathlon Source / Austin
www.austintri.com/main.html

Austin Runners Club / Austin
www.austinrunners.org

Join a Running Meetup Group near Austin
http://running.meetup.com/cities/us/tx/austin/?from=loc_pick

Texas Iron / Multisport Training / Austin
www.texasiron.net

T3 / Austin
www.austint3.com/t3/index.htm

Life Time Fitness Indoor Triathlon / Austin
www.lifetimefitness.com/events/indoor-tri

Tough Cookies Don't Crumble!
www.tcdcfitness.com

Trails Directory

www.ci.austin.tx.us/parks/traildirectory.htm

Lady Bird lake Hike and Bike Trail
www.gracytitle.com/page/Relocation/Additional%20Links/ladybirdlake.pdf

www.runtex.com/web/4-2.asp

Plot your running routes
www.mapmyrun.com/

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Central Texas Most Popular Running Events

3M Half Marathon and Relay http://solutions.3m.com/wps/portal/3M/en_US/HalfMarathon/Home?WT.mc_id=www.3m.com/races	1/25/09	Austin
Get Fit and Healthy with Tony & Luigi's Georgetown / 512.864.2687	2/2/09	Georgetown
AT&T Austin Marathon and Half	2/15/09	Austin
Raising a Fit Child Toxic Free / 512.472.3254	2/18/09	Austin
Love a Face 5k presented by Hill County Circle of Friends www.childrensaustin.org	2/21/09	Austin
Mardi Gras 5K / 512.600.6455	2/21/09	Austin
Austin Runners Club Daisy 5K www.austinrunners.org	2/28/09	Austin
ARA - Moe's Better Half Marathon www.sanmarcosrunners.org/mbhm/index.html	3/1/09	San Marcos
CROP Hunger Walk www.aaimaustin.org/cropwalk.html	3/7/09	Austin
5K Sweetheart & 2K Fun Run / 512.322.2626	3/7/09	Bastrop
Trail Setter 5K & Kids Fun Run www.signmeup.com/site/reg/register.aspx?fid=HY2V7K7	3/7/09	Cedar Park
5th Annual Round Rock ISD Project Graduation 5K & Kids K / 512.274.3774	3/7/09	Round Rock
Texas Independence Day 5K Run drozinsky@yahoo.com	3/7/09	Austin
Get GT Fit / 512.818.1643	3/7/09	Georgetown
2nd Annual LHS Project Graduation Fun Run www.signmeup.com/site/reg/register.aspx?fid=Z72V6K7	3/7/09	Leander
The 5th Annual Spokes 'n Spurs Ride / 512.779.3868	3/14/09	Liberty Hill
Urban Dare Austin / http://www.urbandare.com	3/21/09	Austin
2009 Run for the Rovers / http://www.runfortherovers.org	3/22/09	Leander
2nd Annual St. James Missions 5K/1K Run/Walk www.stjamescmbc.org/5K_mainIndex.html	3/28/09	Austin
11th Annual Junior 'Dillo Kids Run www.statesman.com/sports/content/cap10k/junior.html	3/28/09	Austin
Statesman Capitol 10K www.statesman.com/sports/content/cap10k/index.html	3/29/09	Austin
The Great Urban Race Austin www.greaturbanrace.com/	4/4/09	Austin
ZOOMA Austin Half Marathon & 5K http://races.zoomarun.com/austin/	4/4/09	Austin
Relay For Life of Round Rock http://main.acsevents.org/site/TR?pg=entry&fr_id=17082	4/4/09	Round Rock
South Asian New Year Festival / 512.413.9193	4/11/09	Austin
Bat-Stravaganza Fun Run & Family Festival / 512.218.6381	4/18/2009	Round Rock
3rd Annual Chapa 5K Challenge / 512.268.8500 ext. 7870	4/18/09	Kyle
9th Annual Tiger 5K Run www.signmeup.com/site/reg/register.aspx?fid=LD2V7K7	4/18/09	Dripping Springs
Fun Fun Sober Run www.healthyhorns.utexas.edu/funrun/	4/18/09	Austin
Lake Georgetown Adventure Sprint www.toocoolracing.com/	4/25/09	Georgetown
6th Annual Texas Round Up www.texasroundup.org/10K_5K_Race.aspx	4/25/09	Austin
7th Annual Cedar Park Kids Triathlon www.league lineup.com/welcome.asp?url=cptri	4/26/09	Cedar Park
PurpleStride 5K pancan.kintera.org/faf/help/helpEventInfo.asp?ievent=298579	4/26/09	Leander
Texas State Sprint Triathlon www.seidelproductions.com/	4/26/09	San Marcos
2009 Schlotzkys Little Bun Run (Kids K) / http://www.bunrun.com	5/2/09	Austin
2009 Schlotzkys Bun Run / http://www.bunrun.com	5/3/09	Austin
2nd Annual Ranger Triathlon www.rangertri.com/main.html	5/16/09	Austin
Trek Women's Triathlon Series Austin www.trekwomenstriathlonseries.com	5/17/09	Austin
Capital of Texas Triathlon / http://www.captextri.com	5/23/09	Austin
Take Steps for Crohn's and Colitis Austin Walk http://online.ccfa.org/site/TR/Walk/2009TakeSteps?fr_id=1191&pg=entry	6/6/09	Round Rock
Texas State Championship Sprint Adventure Race #3 www.terrafirmapromo.com	6/13/09	Spicewood
3rd Annual Lake Pflugerville Triathlon www.lakepflugervilletri.com	6/21/09	Pflugerville
Couples Triathlon www.couplestri.com	7/12/09	Austin
The Austin Triathlon www.theaustintriathlon.com	9/7/09	Austin
Vibha Dream Mile 5K http://wiki.vibha.org/Dream_Mile_08:Home	10/4/09	Austin
Austin Run America Run Half Marathon 5K 10K Series www.usaproductions.org/events/run-series/run-austin	10/11/09	Austin
Pfall Pfreakout 5k & Childrens 1k / 512.415.2523	10/24/09	Pflugerville
LIVESTRONG Challenge Austin www.livestrongchallenge.org/site/c.frKPI1PAloE/b.3920225/k.BDC4/Home.htm	10/24/09	Austin and Dripping Springs
Reindeer Run / 512.350.9178	12/5/09	Austin